Dr John Doe +61 401 234 567 | john.doe@gmail.com AHPRA Medical Registration No: MED0000012345

Personal Statement / Profile

Highly motivated junior doctor with a strong commitment to general practice, seeking a GP training post to further develop skills in holistic, patient-centred care and chronic disease management. Proven ability in effective communication, collaborative teamwork, and critical problem-solving in diverse clinical environments, with a passion for community health and continuous quality improvement. Experienced in managing a broad range of medical conditions across multiple settings, with a keen interest in preventative medicine, Indigenous health, and continuity of care.

Medical Education

University of New South Wales (UNSW) | Sydney, Australia MBBS | *Graduated: 2019* Awards/Distinctions: Dean's List (Years 4 & 5), Clinical Skills Prize, High Distinction in General Practice Selective

Clinical Experience

Resident Medical Officer (RMO) | Liverpool Hospital, Sydney, NSW *Feb 2022 – Present*

- Managed a wide spectrum of presentations across general medicine, geriatrics, and general surgery, with strong emphasis on chronic disease management.
- Provided longitudinal care to patients with diabetes, hypertension, and COPD in outpatient and inpatient settings.
- Performed minor procedures including excision of skin lesions, wound debridement, and joint injections.
- Developed and implemented individualised care plans for patients with complex psychosocial backgrounds.
- Collaborated with GPs during discharge planning to ensure continuity of care.
- Facilitated multidisciplinary case conferences for palliative care patients.

Intern | St George Hospital, Sydney, NSW Jan 2021 – Jan 2022

- Rotated through Emergency Medicine, Paediatrics, Psychiatry, and General Surgery.
- Developed rapid triage and diagnostic decision-making skills in ED, managing undifferentiated patients.
- Assisted in paediatric developmental assessments and management of acute infections.
- Performed practical procedures including IV cannulation, arterial blood gas sampling, urethral catheterisation, and nasogastric tube insertion.
- Delivered empathetic care to psychiatric patients and worked closely with mental health teams.
- Engaged in weekly reflective sessions and clinical debriefs to enhance communication and resilience.

Clinical Rotations (Medical Student) | UNSW Teaching Hospitals 2016 – 2019

- Completed core rotations in general practice, women's health, Indigenous health, oncology, and palliative care.
- Shadowed experienced GPs and conducted supervised consultations in rural and urban clinics.
- Participated in outreach programs focused on preventive health in Aboriginal communities.

Audits & Quality Improvement Projects

Optimising Asthma Action Plans in General Practice | Liverpool Hospital, Respiratory Unit

July 2022

- Problem Identified: Suboptimal documentation and review of asthma action plans in chronic disease clinics.
- Action Taken: Conducted a chart review audit and developed a practice protocol checklist for GPs.
- Outcome: Increased documented action plans from 40% to 85% within 3 months.

• Competencies Demonstrated: Quality Improvement, Population Health, Chronic Disease Management, Communication.

Teaching & Education

- Provided bedside teaching to Year 3 UNSW students on cardiovascular and respiratory examination skills.
- Delivered a team-based learning session to RNs on "Recognition of Acute Coronary Syndromes in Primary Care."
- Regularly counselled patients on smoking cessation, dietary management, and blood pressure monitoring.
- Competencies Demonstrated: Teaching, Health Education, Communication, Interdisciplinary Collaboration.

Leadership & Management

- Coordinated junior medical officer roster for the medical ward for 6 months, managing coverage and leave requests.
- Peer mentor for international medical graduates during internship, assisting with clinical adaptation and AHPRA processes.
- Actively contributed to mortality and morbidity meetings, identifying system gaps and suggesting process improvements.
- Competencies Demonstrated: Leadership, Initiative, System-Based Practice, Advocacy.

Research, Presentations & Publications

"Rural GP-Led Models for Diabetes Care: A Literature Review" | GPRA Annual Conference | Nov 2023

- Presented a review comparing outcomes in nurse-led vs GP-led diabetes programs in remote Australia.
- Competencies Demonstrated: Evidence-Based Practice, Health Systems, Presentation Skills.

"Bridging the Gap: Cultural Safety in Aboriginal Health" | UNSW Medical Student Journal | Mar 2020 • Co-authored a reflective article on clinical experiences and strategies to improve cultural competence.

Skills

- Clinical Procedures: BLS, ACLS, Venepuncture, Cannulation, ECG Interpretation, Skin Excision, Suturing, Joint Injections, Pap Smears, Implanon insertion/removal
- IT & Software: Medical Director, Best Practice, Cerner, PowerChart, Microsoft Office Suite, SPSS (basic)
- Languages: Fluent in English and Hindi; Basic proficiency in Arabic, Spanish

Extracurricular Activities & Volunteering

Sydney Street Side Clinic | Volunteer Doctor Jan 2023 – Present

- Provided free medical care to underserved populations, including mental health support and vaccinations.
- Liaised with social workers and community services for follow-up and housing referrals.
- Competencies Demonstrated: Advocacy, Cultural Sensitivity, Teamwork, Clinical Adaptability.

UNSW Rural Health Club – "Outreach to Outback" Program 2017 – 2019

- Organised student-led rural immersion placements to promote rural practice interest.
- Delivered basic health education at local schools in regional NSW.

Referees

Available upon request.